

Infant & Discoverer Information *must update monthly*

	Child's Name	Date of Birth	_	Date of Completion
	F	eeding		
	Sippy Cup Cup oz. every hou	rs. Please burp after	OZ.	
My child drinks: Formula	☐ Breast Milk	☐ Whole Milk		Water
Dairy my child has to Milk Other, please list		lergic reaction: Cream Cheese		Yogurt
Vegetables my child Carrots Peas Green Beans Other, please list	d has tried at home with Broccoli Cauliflower Squash	n no allergic reaction: \[\text{Zucchini} \] \[\text{Tomato} \] \[\text{Potato} \]		Sweet Potato
Fruits my child has tr Bananas Apples Other, please list	ried at home with no al Pears Peaches	lergic reaction: Oranges Plums		Apricots Strawberries
Meats and Proteins I	my child has tried at hou	ome with no allergic red	action:	Eggs
Grains my child has Rice Other, please list	tried at home with no o	allergic reaction: Wheat		Oats
All known allergies:				
Specific Preferences	s:			
Restricted Foods:				



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Routine & Pi					
Roomic & Li	Routine & Preferences				
ly child's typical schedule:					
Please note the feeding and nap schedule your child follows:	ows in a typical day:				
7:00					
8:00					
9:00					
10:00					
11:00					
12:00					
1:00					
2:00					
3:00					
4:00					
5:00					
6:00					
ecurity items (pacifier, blankets, etc.):					